

RECONNECTING MIND AND BODY

HOSTED BY THE TASMANIAN ASSOCIATION OF VOCATIONAL REHABILITATION PROVIDERS INC

RICKY PONTING ROOM | BELLERIVE FUNCTION CENTRE, THE BELLERIVE OVAL, TASMANIA



THANKS TO OUR PLATINUM SPONSOR



PROVISIONAL PROGRAM FRIDAY 22 MAY 2026

8:00am	Registration	
8:30am - 8:40am	WELCOME Anne-Marie Dean President TAVRP Inc.	
8:45am - 8:55am	SYMPOSIUM OPENING Kristy Bourne, Chair of WorkCover Board	
9:00am - 9:50am	SESSION 1 : KEYNOTE THE DARK SIDE OF REHABILITATION: WHEN CAPACITY BUILDING DOES NOT LEAD TO SUCCESSFUL RETURN TO WORK: WHAT WE MISS ALONG THE WAY Justin Moar, Physiotherapist, Precision Brain, Spine & Pain	
9:55am - 10:25am	SESSION 2 WORKPLACE MENTAL HEALTH FRAMEWORK PROJECT: RESPONDING, NOT REACTING: A FRAMEWORK FOR MANAGING PSYCHOLOGICAL INJURY IN SMALL AND MEDIUM ENTERPRISES James Simmonds, Project Manager, WorkSafe Tasmania THE FIRST 14 DAYS AFTER INJURY: SMALL DECISIONS THAT PREVENT BIG PSYCHOLOGICAL HARM Dr Kelly Broughton, Senior Compliance Specialist – Workers Compensation, WorkSafe Tasmania	
10:30am - 11:00am	MORNING TEA	
11:00am - 12:30pm	SESSION 3 WORKSHOP: SUPPORTING THE WORKPLACE REHAB PROVIDER BEYOND THE INNER CRITIC: A WHOLE-SELF APPROACH TO ADDRESSING IMPOSTER SYNDROME Jessica Forward & Dr Emma Richardson Clinical Psychologists, Well Minds Work	
12:45pm - 1:30pm	LUNCH	
1:35pm - 1:40pm	A WORD FROM OUR SPONSORS	
1:40pm - 2:35pm	SESSION 4 WEIGHTLIFTERS, ROBOTS AND JANUS This interactive presentation will challenge providers to consider emerging technologies, performing manual tasks and the role of the worker in juggling risk management and optimal movement Susan Mitchell, Physiotherapist, Pinnacle Workplace Consultants, South Australia	
2:40pm - 3:10pm	SESSION 5 CONNECTION, COMMITMENT, AND COMMUNITY IN REHABILITATION Teena James & Kelly Ireland, Motor Accidents Insurance Board	
3:15pm - 3:35pm	RECHARGING YOUR BATTERIES DURING RECOVERY AND RETURN TO WORK: RECONNECTING MIND AND BODY WITH PEER SUPPORT AND SAFE SPACE Myllinda Purtell & Dr Megan Woods, Worker Assist Tasmania BLENDING TECHNOLOGY AND HOLISTIC HEALTH IN THE OPTIMISATION OF NEUROLOGICAL & ORTHOPAEDIC REHABILITATION IN A RTW SETTING Phil Ladlow, Neurological Physiotherapist, Director, Advanced Rehabilitation Tasmania	
3:35pm - 3:45pm	CLOSING COMMENTS AND PRIZEGIVING	
3:45pm - 4:45pm	POST SYMPOSIUM NETWORKING REFRESHMENTS	
	VISIT THE TRADE EXHIBITORS Get Your Trades Passport Stamped in the Breaks to be in the Running for a Major Prize	

Information is correct as of 24 April 2026 but presentations and program are subject to change

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