

# Tasmanian Association of Vocational Rehabilitation Providers (TAVRP) Inc

Invites you and your colleagues to a Professional Development Breakfast Presentation : Registration Open

**Improvement through Movement: The Utilization of the Pilates Method in the Management of Back Pain.** This presentation will provide a structured overview of a Pilates focused rehabilitation program in the management of low back pain. The discussion will include current evidence underpinning the utilization of a Pilates approach to rehabilitation.

**Presenter:** Phil Ladlow, Principal Physiotherapist and Co- Director, All Care Physiotherapy. Phil holds a Masters in Neurological Physiotherapy, a Diploma of Professional Pilates instruction and is a lecturer in Neuroscience at UTAS. Phil is a neurological physiotherapist based in Hobart with a passion for the utilization of education and movement-based therapy as a means of engaging, motivating and empowering clients on optimizing their health and function and achieving their goals.

**We require prepayment to confirm your attendance by the RSVP date. Choices:**

1. Butter milk pancake, bacon, maple syrup, fried egg, miso butter, dukha & pomegranate.
2. Rye toastie with poached chicken, spinach, semi-dried tomato, pesto, cheddar cheese.
3. Duchess Granola with poached apples, blueberries, coconut yogurt and almond milk

## TAX INVOICE ABN 96 128 479 496

(This part will form your tax invoice – no receipts will be issued).

**Presenter Phil Ladlow (28.09.2021)**

**RSVP: With Payment by Friday 24.09.2021**

Email [admin@tavrp.com.au](mailto:admin@tavrp.com.au)

To assist with timely serving of breakfast we request you pre-order with this RSVP

**Breakfast Order (Circle):**

**Option 1**

**Option 2**

**Option 3**

Special Dietary Requirements: .....

**Members \$25 (Includes GST of \$2.27)**

**Non-Members \$35 (Includes GST of \$3.18)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

PH: \_\_\_\_\_

Email: \_\_\_\_\_

Company: \_\_\_\_\_

Or direct deposit: WBC Hobart BSB: 037001 Account: 186192  
(please include your name on the deposit receipt/reference section)

Or charge \$\_\_\_\_\_ to my AMEX, Visa, MasterCard

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry: \_\_\_\_/\_\_\_\_ CVC: \_\_\_\_\_

Signature: \_\_\_\_\_



Professional Development Breakfast Series

Tuesday 28 September 2021

Please arrive by 7:15am for coffee orders  
Breakfast Served at 7.30 am sharp  
Presentation 7.45  
Questions to follow  
Event concludes 8.30am.

The Duchess Café 231  
Sandy Bay Road Hobart

contact: [admin@tavrp.com.au](mailto:admin@tavrp.com.au)

[www.admin@tavrp.com.au](http://www.admin@tavrp.com.au)



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